

<b>Career Plan of:</b>	As you reflect on your career plan and feedback, consider how you might handle stressful periods. Could you move a subtask to a different time? What strategies can you use to maintain work-life resilience? Who can offer support?				
<b>Reviewer:</b>					
<b>Objective #1:</b>	<b>S-M-A-R-T</b>	<b>Comments</b>			
Sub-tasks are specific	S	All are specific	Some are specific	None are specific	
Sub-tasks are measurable	M	All are measurable	Some are measurable	None are measurable	
Resources and/or mentors are identified to evaluate progress	A	Yes	No		
Objectives are relevant to overall career goal	R	All are relevant	Some are relevant	None are relevant	
Sub-tasks are relevant to objective	R	All are relevant	Some are relevant	None are relevant	
Is there a time where all sub-tasks are occurring at once?	T	Yes	No		
<b>Objective #2:</b>	<b>S-M-A-R-T</b>	<b>Comments</b>			
Sub-tasks are specific	S	All are specific	Some are specific	None are specific	
Sub-tasks are measurable	M	All are measurable	Some are measurable	None are measurable	
Resources and/or mentors are identified to evaluate progress	A	Yes	No		
Objectives are relevant to overall career goal	R	All are relevant	Some are relevant	None are relevant	
Sub-tasks are relevant to objective	R	All are relevant	Some are relevant	None are relevant	
Is there a time where all sub-tasks are occurring at once?	T	Yes	No		
<b>Objective #3:</b>	<b>S-M-A-R-T</b>	<b>Comments</b>			
Sub-tasks are specific	S	All are specific	Some are specific	None are specific	
Sub-tasks are measurable	M	All are measurable	Some are measurable	None are measurable	
Resources and/or mentors are identified to evaluate progress	A	Yes	No		
Objectives are relevant to overall career goal	R	All are relevant	Some are relevant	None are relevant	
Sub-tasks are relevant to objective	R	All are relevant	Some are relevant	None are relevant	
Is there a time where all sub-tasks are occurring at once?	T	Yes	No		
<b>Reviewer: Offer two suggestions for improving this career plan:</b>	1)				
	2)				