

References for Module 3: Developing Resilience

Boice, Robert. "Quick starters: New faculty who succeed." *New Directions for Teaching and Learning*, vol. 1991, no. 48, 1991, pp. 111-121.

Bonanno, George A. "Loss, Trauma, and Human Resilience: Have We Underestimated the Human Capacity to Thrive after Extremely Aversive Events?" *The American Psychologist*, vol. 59, no. 1, 2004, pp. 20-28.

Clark, Sue Campell. "Work/Family Border Theory: A New Theory of Work/Family Balance" *Human Relations*, vol. 53, no. 6, 2000, pp. 747-770. doi: 10.1177/0018726700536001.

Feldstead, Alan et al. "Opportunities to work at home in the context of work-life balance" *Human Resource Management Journal*, vol. 12, no. 1, 2002, pp. 54-76.

Kalliath, Thomas and Paula Brough. "Work-life balance: A review of the meaning of the balance construct." *Journal of Management & Organization*, vol. 14, no. 3, 2008, pp. 323-327.

Ledesma, Janet. "Conceptual Frameworks and Research Models on Resilience in Leadership." *SAGE Open*, vol. 4, no. 3, 2014. doi: 10.1177/2158244014545464.

Morgan, Penelope et al. "Historical range of variability: A useful tool for evaluating ecosystem change." *Journal of Sustainable Forestry*, vol. 2, 1994, pp. 87-111. doi: [10.1300/J091v02n01_04](https://doi.org/10.1300/J091v02n01_04).

Nelson, Donald R, W Neil Adger, and Katrina Brown. "Adaptation to Environmental Change: Contributions of a Resilience Framework." *Annual Review of Environment and Resources*, vol. 32, 2007, pp. 395-419.

O'Leary, Virginia E. "Strength in the Face of Adversity: Individual and Social Thriving." *The Journal of Social Issues*, vol. 54, no. 2, 1998, pp. 425-46.

"Resilience" *Merriam-Webster*. <https://www.merriam-webster.com/dictionary/resilience>.

Taylor, Bill. "How Coca-Cola, Netflix, and Amazon Learn from Failure." *Harvard Business Review*, 2017. <https://hbr.org/2017/11/how-coca-cola-netflix-and-amazon-learn-from-failure>.

Ungar, Michael. "A Constructionist Discourse on Resilience: Multiple Contexts, Multiple Realities among At-Risk Children and Youth." *Youth & Society*, vol. 35, no. 3, 2004, pp. 341-65.

Werner, Emmy E, and Ruth S Smith. *Journeys from Childhood to Midlife: Risk, Resilience, and Recovery*. Cornell University Press, 2001.

Wiggins, Grant, and Jay McTighe. *Understanding by Design*. Expanded 2nd ed., Association for Supervision and Curriculum Development, 2005.

Zijlstra, FRH, M Copley, and LW Rydstedt. "From Recovery to Regulation: An Attempt to Reconceptualize 'Recovery from Work.'" *Stress and Health*, vol. 30, no. 3, 2014, pp. 244-252. doi: [10.1002/smi.2604](https://doi.org/10.1002/smi.2604).