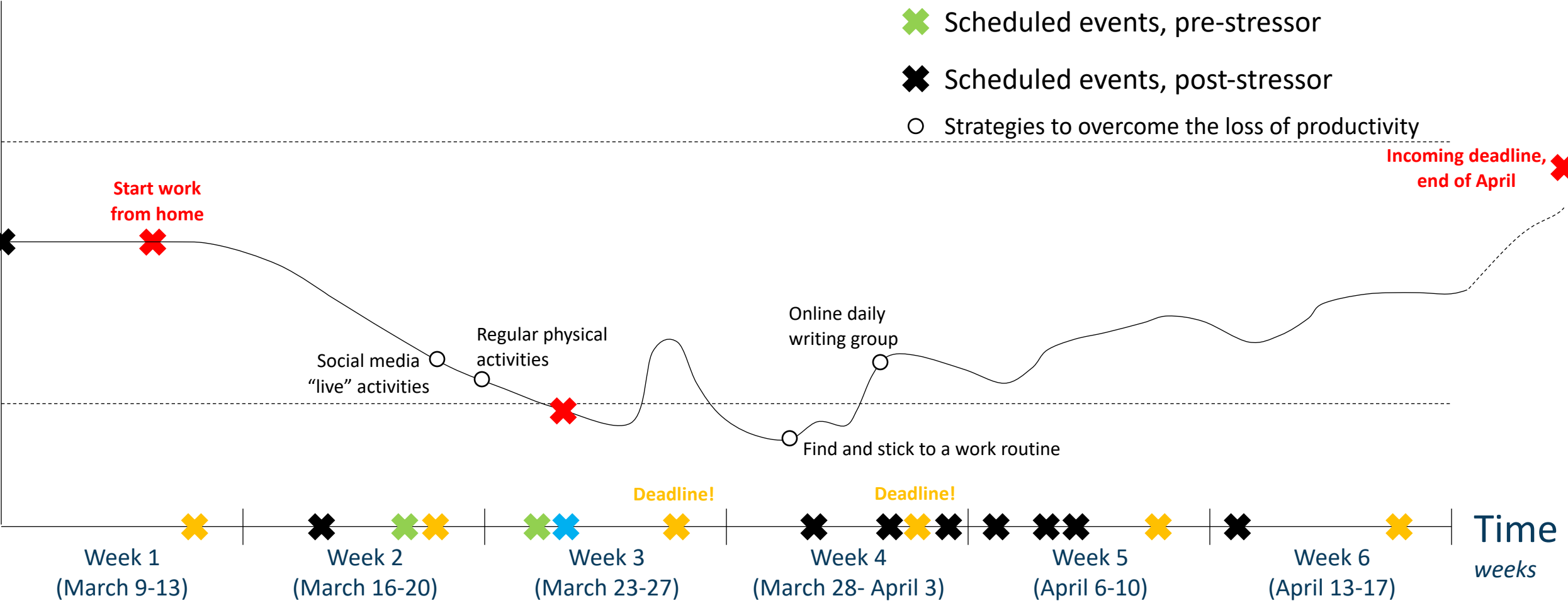


# Variable

Motivation and productivity

- ✖ Stressor/Life event
- ✖ Recurring meetings
- ✖ New added project
- ✖ Scheduled events, pre-stressor
- ✖ Scheduled events, post-stressor
- Strategies to overcome the loss of productivity



Time  
weeks