

# The Postdoc Academy

**Mission:** This program is a comprehensive digital and in-person professional development program available to all postdocs to help them develop the transferable skills that will enable their success in a diverse set of careers.

The Postdoc Academy blends interactive online and in-person content built on the National Postdoctoral Association competencies to support skill development throughout postdoc training, from their orientation as a new postdoc to their next career step. Content uses inclusive, evidence-based approaches and is directed as a resource for the postdoc audience as well as the postdoc offices and associations across the country that support postdocs.

Learning can happen flexibly and programming includes two online courses, supported learning communities (Postdoc Academy Learning Sessions), and open educational materials for download on the website.

This collaborative initiative with Boston University, Northwestern University, Michigan State University, and University of Wisconsin-Madison is funded by the National Institutes of Health Grant No. R25121257. All programming is available at no charge.



## Connect with us



[www.postdocacademy.org](http://www.postdocacademy.org)



postdocacademy@gmail.com



@PostdocAcademy

[www.edx.org/course/the-postdoc-academy-succeeding-as-a-postdoc](http://www.edx.org/course/the-postdoc-academy-succeeding-as-a-postdoc)

## Upcoming Programming

The first online course “Succeeding as a Postdoc” addresses foundational skills, establishing the professional habits postdocs will need to strategically prepare for their career and succeed in their postdoc. Themes explored include:

- Finding Success as a Postdoc
- Building an Actionable Career Plan
- Working Effectively in an Intercultural Environment
- Developing Resilience

The six-week course begins on **June 22**. Registration on edX is now open!

Postdoc Academy Learning Sessions (PALS) can be facilitated anytime. Please adapt and adopt the open educational materials on the website to fit the needs of your postdoctoral community.

This time of COVID-19 is challenging for us all, with the deep disruption in research and uncertainty. We acknowledge that some of you may be working remotely

and some are not able to. Many may be in difficult environments. It may be that this programming is not appropriate, but perhaps for many of you, this can be an opportunity to learn and develop skills, too.



# The Postdoc Academy: Succeeding as a Postdoc

The Postdoc Academy officially launched in January 2020 with a five-week online course “Succeeding as a Postdoc” and in-person Postdoc Academy Learning Sessions across the country. Below you will find a snapshot of the engagement data from the first running of the course.

22

Postdocs on camera  
in the first course



1,274

Registrants for the  
first online course



The majority of registrants  
spent between 3 and  
6 hours per week  
on the course.

12%

Completion rate for  
the first online course  
*(compared to 5.5% reported average)*



Registrants indicated  
they are more confident  
talking to their advisor  
after the course.

8

Activities to reflect  
on your postdoc  
experience

82

Postdocs participated  
in virtual focus groups  
to provide feedback on  
the course content



91%

would recommend  
this course to others



## The Postdoc Academy: Preparing for the Workforce

This second online course will build advanced skills that will enable postdocs to translate their academic training into the professional workforce. Themes explored in this course include managing multiple projects,

applying teaching skills beyond the classroom, understanding rigor and reproducibility, planning your career, and developing leadership skills.

This online course will launch in **April 2021**.

